Natura Bissē
Barcelona

ROYAL TIME RITUAL 帝式恬逸水療之旅
2 Hours 小時   HK$ 2,300   (subject to 10% service charge 另加一服務費)

Take time to relax and unwind a busy mind, escaping the pace of everyday life and energy feeling a sense of renewed positively. Combining our ROYAL TIME MASSAGE AND INSTANT GLOW FACIAL this deeply relaxing holistic treatment incorporates breathing to head-to-toes massage techniques to help relax the mind and release physical or emotional anxieties.
The reflex zones on the face are massaged to help rebalance and ground, before a soothing, deeply therapeutic massage is continued up through the destress dry oil to promote positively to the mind, finishing with a revitalizing hydrating antioxidant express face treatment and rose quartz crystal for immediate radiance, pleasant, visible freshness and vitality.

花些時間放鬆和放鬆忙碌的頭腦，擺脫日常生活和精力的節奏，感覺得到一種積極的更新。這種深層放鬆的整體療法結合了我們的帝式恬逸按摩和即效能面部護理，結合了呼吸到從頭到腳的按摩技術，有助於放鬆身心並釋放身體或情緒上的焦慮。
按摩面部的壓力點，以幫助平衡和平復，再以 Natura Bissé 減壓放鬆按摩油作全身舒緩及深度的治療性按摩，以積極提升身心平衡，最後以定制的即效能面部護理作深層清潔，抗氧化、緊緻及保濕成分，同時使用粉晶能量棒使皮膚恢復提升臉部亮麗。

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Barcelona

ROYAL TIME MASSAGE 帝式恬逸按摩
90 Mins 分鐘   HK$ 1,750   (subject to 10% service charge 另加一服務費)

A deeply relaxing holistic treatment starts with a deeply therapeutic back massage to release the muscle tension, and following the imperial side-by-side massage technique. The therapist will skilfully guiding you through breathing to head massage techniques to help relax the mind and release physical or emotional anxieties, and continue to perform a soothing and deeply therapeutic massage throughout the body. This comfortable treatment combines the gentle and deep pressure massage techniques of Balinese and Swedish to help soothe the nervous system, reduce physical and mental stress and improve sleep quality. Finally, use the cooled rose quartz crystal to restore the vitality of the scalp massage.

整體治療始始背部按摩，以釋放肌肉張力，緊隨帝式側臥按摩手法，繼續在全身進行舒緩而深層的按摩，治療師將巧妙地引領您完成徹底放鬆的香薰治療呼吸，再以頭部壓力點按摩手法以幫助放鬆身心，並釋放身體或情緒上的焦慮。此舒適的體驗，揉合印尼及瑞典輕柔而深層力度的按摩技術，有助舒緩神經系統，減少身心壓力和改善睡眠質素。最後使用冷卻的粉晶能量棒恢復頭皮按摩的活力。